



Halton Families for Families welcomes you...

Who is Halton Families for Families?

"Family is - a safe, caring and nurturing circle of support." – Halton Families for Families

Halton Families for Families is a Trillium funded formal Family Engagement community collaborative in partnership with Reach Out Centre for Kids (ROCK) and the Halton Prevention and Intervention Committee for Children, Youth and their Families (HPIC).

Our goal is to create a place for families who have been impacted by a child or youth's mental health challenges to come together and engage in supportive and meaningful discussions, creating a growing and caring network of families. We create a place where sharing experiences can have a positive impact on the child and youth mental health services offered in Halton.

Family experience and expertise are a vital component of improving services in the mental health sector. With your help, we can ensure that children, youth and families in Halton continue to receive high quality mental health services and support that are accessible, timely, meaningful and family-centered. By growing a network of relationships, we can help families feel supported in their communities.

In today's session you'll have an opportunity to meet some of the passionate and dedicated Family Advisory Committee members who will share some great information. Learn more about:

- Family Engagement – where did it come from and why are we doing what we're doing?
- Learn about the different opportunities to become involved with the initiative such as:
 - Family Advisory Committee
 - Explore possible Educational workshop topics
 - Learn about our ongoing opportunity to share family voice within the region and beyond
 - Volunteer opportunities
 - What is a Family Night Social?
 - These socials are unique. They have been created and are facilitated by a wonderfully passionate group of families from our Family Advisory Committee – which include parents/caregivers and youth. From start to finish the voice of Halton families is woven throughout the evening, being careful to never lose sight of the original intent – “A place for our family to be ourselves”.
 - Each month, the social is loosely themed and although it is not rigidly structured and just flows, there is always an element of recreation, an icebreaker activity or craft. A light dinner/dessert is always provided. The evening begins at 6:00p.m. and then around 6:45 p.m. the group moves into an activity/craft/ice breaker. Each evening is unique and we gauge the activities accordingly. We wrap up the evenings at 8:00p.m., making sure to gather everyone's feedback to help shape future events. See the information below with upcoming dates and locations and to RSVP please use this link <http://www.haltonfamiliesforfamilies.com/fns-rsvp/>

October	Milton	Bruce Trail P.S.	Thursday, October 20th
November	Acton	The Roxy	Thursday, November 17th

For more information

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Halton Families for Families

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