

SURVIVING THE TEEN YEARS!

Presented by Wayne Jones, M. Ed.



The 6 Jobs of a Teen

Making sense of life **Find and keep friends**
Establish job/career **Physically leave home**

Find and keep sex/soul mate
Enjoy life daily

Big 4 Risks

- **Driving**
- **Drugs & Alcohol**
- **Sex**
- **Internet & Technology**

Understanding Your Parenting Job

- **Observer**
- **Advisor**
- **Negotiator**
- **Director**

Resources For You

Your Facilitator's Book: *Great Parenting Skills for Navigating Your Kid's Personality*

Kate Jones, M.Ed., Wayne Jones, M.Ed. Career/LifeSkills Resources, Inc.

**Available on our website

www.skills4people.com

Additional Books and Web Sites Related to Teens and Adolescence:

1-2-3 Magic Teen: Communicate, Connect, and Guide Your Teen to Adulthood, Thomas W. Phelan, Ph.D. www.123Magic.com

Dr. Karyn's Guide to The Teen Years, Dr. Karyn Gordon <http://www.dkleadership.org/>

I'd Listen to My Parents if They'd Just Shut Up, Anthony E. Wolf www.harpercollins.com

The Teenage Brain, Frances E. Jensen with Amy Ellis Nutt Harper www.harpercollins.com

Brainstorm – The Power and Purpose of the Teenage Brain, Daniel J. Siegel, M.D. Penguin